



**Perth and Kinross
Health and Social
Care Partnership**

**Supporting
healthy and
independent
lives**

**FESTIVE SEASON
DIRECTORY OF SERVICES
2020-2021**

Index

Page No	Service	Emergency Contact & Number	OOHrs
6	Integrated Discharge Hub (Health)	Karen Gall 07813454565	Telephone:0173847312-OOHs leave voice mail Bleep: 4378
6	Integrated Discharge Team (Social Work)	07500910231 – HDT Duty Phone Aurelia Lea 07762545563 Nairn Petrie 07771527351 Suzanne Kirk 07810507355	0345 30 111 20
7	Frailty Team	Caitlin Charlton 07815 703619	On call Consultants for PRI medicine – switchboard 01382 660 111
7	PRI POA Liaison Team (Psychiatry of Old Age)	N/A	Crisis Resolution & Home Treatment Team via Switchboard 01382 660111
8	Physiotherapy – Perth Royal Infirmary	Caitlin Charlton 07815 703619	On call service to PRI for respiratory emergencies - via switchboard 01382 660111
8	Occupational Therapy - Perth Royal Infirmary	Caitlin Charlton 07815 703619 Crispin Oakley Bleep:5312 Laura DonaldsonBleep:5259	N/A
9	Assessment Clinic for the Elderly - Perth Royal Infirmary	Caitlin Charlton 07815 703619	N/A
9	Physiotherapy – Perth City Community	Helen Imlay 07740937598 Mon/Tues Iona Dawes 07740937591	N/A
10	Physiotherapy – North Perthshire	Jill Westwood 07526 343736	N/A
10	Physiotherapy – South Perthshire	Tia Dixon	N/A
11	Physiotherapy – P&K Mental Health Team	Morag Greenwood 01738 562381	N/A
11	Community Rehabilitation Occupational Therapy Service – Perth City	Julia Cangulen 07740937499 Anne Kirkwood07803671917	N/A
12	Occupational Therapy – Community Hospitals North Locality	Jane Beekie 07976830759	N/A
12	Occupational Therapy – Community Hospitals South	Karen Collins	No OOHs- NHS 111/A&E
13	Occupational Therapy – P&K Community Mental Health Team (CMHT)	N/A	As per Managers on call rota
13	Podiatry	Lee Sievwright 07909896215 Mark Fannon 07827322516 Judy Murrie 07921337344	N/A
14	District Nursing – Perth City	Duty Band 6- 07740937413	Weekends and Public Holidays- 07740937413
14	Community Nursing - North Locality	Evelyn Millar 07900 431640 Angela McGuinness 07869	NHS 24 - 111

		548474	
15	Community Nursing – South Locality	Angela McGuinness 07869 548474	NHS 24 – Tel 111
15	District Nursing Out of Hours	Evening coordinator/Duty Band 6 1700-2200: 07824597414 2200-0800:07810057364	1700-2200: 07824597414 2200-0800: 07810057364
16	Anticoagulation	N/A	NHS 24 111
16	Primary Care Mental Health & Wellbeing Nurses	Tracey Curran 07920542494 Sally Orange 01250 877852	N/A
17	Advanced Nurse Practitioner	Careen Mullen-McKay 07814800645	N/A
17	LINCS	Perth City 07929 777573 South 07773 573492 Northwest: 07771 857756 Strathmore: 07717 878828	N/A
18	Pharmacy	Siobheon Reid:Ext 13575 /Bleep 5251 Nicky Nardone: Ext 13585	Switchboard 01382 660111
19	Older Peoples Community Mental Health Service (OPCMHT) – Perth City	21/12 Lindsey Griffin - 07740937607 28/12 & 04/01 Sally Forlong 07711924383	NHS 24 - 111 Social Work Access Team - 0345 3011120
19	Older Peoples Community Mental Health Service (OPCMHT) - North	Amanda Fenwick 01796 474818 Angela Milne 07919 396733	NHS 24 - 111 Social Work Access Team - 0345 3011120
20	Older Peoples Community Mental Health (OPCMHT) & General Adult Psychiatry (GAP) - South	Isla Syme	NHS 24 - 111 Social Work Access Team - 0345 3011120
20	Community Mental Health Team Nursing Team – Perth City	W/C21/12 Lindsey Griffin 01738 562255 W/C 28/12 & 4/1 Sally Forlong 01738 562448	As per Manager On-Call Rota. For major incidents only
21	Adult Community Mental Health Team – North	Angela Milne 07919 396733	NHS 24 - 111
21	MoveAhead	Pam Lamond 07740937704	NHS 24 - 111
22	ECT/Therapeutics Clinic	ELMA LOW 07742390246 (emergency ECT only)	N/A
22	Learning Disability Service – P&K	Community Nursing - Arlene Dawson/ Linda McKerchar 01738 562270 LDISS - Arlene Dawson/CherylGray 01738 562248 OT/Physio - Sally Thomas 01738 562261	N/A
23	Substance Misuse Service – P&K	Anne Fleming 07972660823	NHS 24 - 111
23	Community Care and Treatment Service - Perth City	Julie Dunn 07740937546	NHS 24 - 111
24	Community Care and Treatment Service - North	Joanne Scott PCH 01796 474853 Mary Smith BCH 01250 877845	NHS 24 - 111

24	Community Care and Treatment Service – South	Sharon Sime	NHS 24 – 111/A&E
25	Social Work – Perth City North/Perth City South	North - Laura Carse – 01738 476811 (07798581940) South - Melisa Meikle – 01738 475671 (07854604222)	0345 30 111 20 After 5pm OOHs
25	Social Work – Strathmore, Highland Carse	Shirley Douglas 07500959391 Stephanie Keen 07770464145	0345 30 111 20 After 5pm OOHs
26	Mental Health Officer Team	Iain Wilkie 07786074501	0345 30 111 20
26	Early Intervention & Prevention Service – Access Team – Perth City/South/North	Perth City/South - Pamela Ritchie:07917184363 North - Fiona Cole: 07788 586499	0345 30 111 20 After 5pm OOHs
27	Long Term Complex Team - South	Kirsty Hynd 07771527313 Val Riddell 07748623356	0345 30 111 20 After 5pm OOHs
27	Wellbeing Support Team – North & South Locality	Bridget Barker 07884235519	0345 30 111 20
28	Home Assessment Reconvert Team (HART & HART+)	HART: Nairn Petrie HART+ Zuzana Blunt, Jenny Hughes, Nairn Petrie 07771527351 (All)	0345 30 111 20
29	Joint Equipment Loan Service	Michael Law 07824529557	N/A
29	Community Alarms/Telecare Team	Team : 01738 459600 Susan McNally: 07467 732966	01738 476290/ Adult care services - 0345 301 11 20
30	Parkdale Care Home	Colleen McInnes 07845144141	Duty Senior – 01764 661366
30	Dalweem Care Home	Shona Shaw 01887 822488	Duty Senior – 01887 822488
31	New Rannoch Centre	Shona Thomson 07833 239571	N/A
31	Blairgowrie Day Opportunities	Mark Stratton 07984567686, 01250 871919 Celina Bell 07585991343, 01250 871919	N/A
32	Strathmore Day Opportunities	Mark Stratton 07984567686, 01250 871919 Celina Bell 07585991343, 01250 871919	N/A
32	Gleneagles Day Opportunities	Liz Johnstone 07867341008 Jemma Reid 07900156571	N/A
33	Kinnoull Day Opportunities	Liz Johnstone 07867341008 Jemma Reid 07900156571	N/A
33	Supported Living Team	Shona Thomson 07833 239571	N/A
34	Employment Support Team	Shona Thomson 07833 239571	N/A
34	Blairgowrie Freedom Coach Association	Charles Bisset 07746567528	N/A
35	Churches Action for the Homeless	Graham Taylor 01738 580188	Tayview 24 hours a day – 01738 479606
35	CrossReach Oasis Bankfoot and Tryst	Lorna Smith 07771345244	N/A
36	Crossroads	Gill Renton 01738 639460	On call 07730647282
36	Independent Advocacy Perth &	Clare Gallagher 01738 587887	N/A

	Kinross		
37	Kinross Centre	Nan Cook 01577863869	07817739239
37	Kinross-shire Volunteer Group and Rural Outreach Scheme	Ella Ward 01577 840196	01577 840 196 answer phone
38	Mindspace Limited	Jillian Milne	N/A
38	Number 3 One Stop Shop	Jill Murdoch/Julie Ramsay 01738449327/07741264811	N/A
39	Perth Six Circle Project	Marlow Clark 07989808312	24 hr on call crises prevention and intervention access for all service users
39	PKAVS - The Walled Garden and Wisecraft	Sarah Oelmez & Laura Harris 01738 631777, 01250 874777	N/A
40	PKAVS Carers Centre	Raymond Jamieson 01738 567076	01738 567076
40	PKAVS Minority Communities Hub	Jenni Keenan: Jenni.Keenan@pkavs.org.uk	N/A
41	PKAVS Partnership & Engagement (Third Sector Interface)	Lori Hughes: Lori.Hughes@pkavs.org.uk	N/A
41	PKAVS Tampon Taxi	Jenni Keenan: Jenni.Keenan@pkavs.org.uk	N/A
42	PLUS Prevention Support	Susan Scott: 01738 626242	N/A
42	PUSH (Perth & Kinross) Ltd	Holly McAskill: PUSH Reuse Shop	N/A
43	Royal Voluntary Service	Home from Hospital 07771867490 All other services 01738633975	N/A
43	SiMS Carers Support Project	01738 580899	N/A
44	Stanley Development Trust Care and Wellbeing project	Laura Baird: 07712219261	N/A
44	VisionPK Sensory Services	Gwenn McCreath 07720867834	N/A

Useful Numbers

Winter Gritting & Snow Clearing - Important fault line numbers to keep handy.

Monday to Friday 8am to 4pm:

Ninewells and Dundee Dental Hospital x32195

Angus, Dundee and Perth Communities 01382 496651 or x36651

4pm to 8am and Saturday or Sunday: Contact Ninewells switchboard on 01382 660111

All staff should ensure they are fully aware of the [NHS Scotland: Interim National Arrangements for Adverse Weather](#)

Extreme Adverse Winter Weather Procedure- The Met Office and transport networks can be found on Staffnet [Staffnet>Resilience>Business Continuity>Weather Warnings](#)

SERVICE/ MANAGER	Integrated Discharge Team Karen Gall, 07813454565		
DESCRIPTION OF SERVICE	To co-ordinate all elements of discharge planning to support capacity and flow and timely discharge within the acute hospital setting ensuring a person centred approach.		
NORMAL OPENING HOURS	08:30 to 16:30	OPENING HOURS WEEK BEGINNING 21/12/20	Closed 25/12/20 and 26/12/20
OPENING HOURS WEEK BEGINNING 28/12/20	Closed 01/01/21 and 02/01/21	OPENING HOURS WEEK BEGINNING 04/01/21	Business as usual
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	15:00 on 24/12/20 and 15:00 on 31/12/20
OUT OF HOURS/ EMERGENCY CONTACT	Telephone:01738473121 – if out of hours please leave a voice mail Bleep: 4378 Karen Gall 07813454565		

SERVICE/ MANAGER	Integrated Hospital Discharge Team (Social Work) Aurelia Lea 07762545563 Nairn Petrie 07771527351		
DESCRIPTION OF SERVICE	Ensure a smooth discharge home from hospital with the right social work supports in place.		
NORMAL OPENING HOURS	Mon- Fri 8:45-17:00 Sat 8:45 – 16:00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Wed 30 Dec normal hours	OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 Jan 10:00 – 14:00 reduced staff Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	0345 30 111 20 07500910231 – HDT Duty Phone Aurelia Lea 07762545563 Nairn Petrie 07771527351 Suzanne Kirk 07810507355		

SERVICE/ MANAGER	Frailty Team Caitlin Charlton 07815 703619		
DESCRIPTION OF SERVICE	Perth and Kinross HSCP Frailty Team deliver comprehensive geriatric assessment for older people who have been identified as frail and where single speciality input is not required. The MDT based in the acute medical receiving unit in ward 4, Perth Royal Infirmary and aim to provide rapid assessment in order to identify the most appropriate care for the individual.		
NORMAL OPENING HOURS	8:30 – 4:30	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Not Applicable
OUT OF HOURS/ EMERGENCY CONTACT	No OOHRS cover Caitlin Charlton 07815 703619 Caroline McCabe :07815 538034, Bleep 5272		

SERVICE/ MANAGER	PSYCHIATRY OF OLD AGE LIAISON SERVICE Gillian Irving- SCN, Diane Chapman- Senior Nurse		
DESCRIPTION OF SERVICE	To provide support for mental health to patients over age 65years within PRI		
NORMAL OPENING HOURS	Monday – Friday – 0800- 1600	OPENING HOURS WEEK BEGINNING 21/12/20	Normal hours 21/12/20 – 24/12/20. No Service 25/12/20
OPENING HOURS WEEK BEGINNING 28/12/20	Reduced Service 28/12/20 – x1 RMN cover. Normal service 29/12/20 – 31/12/20. No service 1/1/2021	OPENING HOURS WEEK BEGINNING 04/01/21	Reduced Service 4/1/2021 – x1 RMN
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Thursday 24 December 2021
OUT OF HOURS/ EMERGENCY CONTACT	Crisis Resolution & Home Treatment Team via Switchboard 01382 660111		

SERVICE/ MANAGER	Physiotherapy service - Perth Royal Infirmary Caitlin Charlton 07815 703619		
DESCRIPTION OF SERVICE	PRI physiotherapy service helps restore movement and function to as near normal as possible when someone is affected by injury, illness or by developmental or other disability. Physiotherapists use physical approaches to promote, maintain and restore physical, psychological and social well-being taking account of variations in health status		
NORMAL OPENING HOURS	8:30 – 4:30	OPENING HOURS WEEK BEGINNING 21/12/20	21 – 24 December : 8:30 – 4:30
OPENING HOURS WEEK BEGINNING 28/12/20	29 – 31 December: 8:30 – 4:30	OPENING HOURS WEEK BEGINNING 04/01/21	5 – 8 January: 8:30 – 4:30
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Not Applicable
OUT OF HOURS/ EMERGENCY CONTACT	On call service to PRI for respiratory emergencies - via switchboard Caitlin Charlton 07815 703619 Neil Bryson:01738 473705		

SERVICE/ MANAGER	Occupational Therapy - Perth Royal Infirmary Caitlin Charlton 07815 703619		
DESCRIPTION OF SERVICE	We aim to provide support to people whose health prevents them doing the activities that matter to them.		
NORMAL OPENING HOURS	Monday – Friday 8:00am - 4:00pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21– Thu 24 Dec: 8:00am – 4:00pm 25 /26 /27 Dec: limited cover for new patient assessments
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – 31 Dec: 8:00am – 4:00pm 28 Dec, 1 / 2 Jan: limited cover for new patient assessments	OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 Jan: limited cover for new patient assessments 5-8 Jan: 8:00am-4:00pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	24 Dec: 15:00 31 Dec: 15:00
OUT OF HOURS/ EMERGENCY CONTACT	Caitlin Charlton 07815 703619 Crispin Oakley Bleep: 5312 Laura Donaldson Bleep: 5259		

SERVICE/ MANAGER	Assessment clinic for the Elderly, PRI Caitlin Charlton 07815 703619		
DESCRIPTION OF SERVICE	Out-patient - comprehensive geriatric assessment. The Assessment Clinic for the Elderly (ACE) incorporating falls assessment, inpatient and outpatient physiotherapy, movement disorder clinics, as well as nurse-led Parkinson's and stroke services		
NORMAL OPENING HOURS	Tues / Wed / Thurs am clinics	OPENING HOURS WEEK BEGINNING 21/12/20	22/23/24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	29/30/31Dec	OPENING HOURS WEEK BEGINNING 04/01/21	5 /6/7 Jan 2021
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referral to ACE via RMS in the normal way
OUT OF HOURS/ EMERGENCY CONTACT	No OOHrs Service Caitlin Charlton 07815 703619		

SERVICE/ MANAGER	Community Physiotherapy - Perth City Iona Dawes:01738 475975, 07740937591		
DESCRIPTION OF SERVICE	Assessment and rehabilitation of patients with mobility problems, Falls, walking aid assessment, provision and progression, Chest Physiotherapy as indicated, Prevention of admission and supported discharges are priority services		
NORMAL OPENING HOURS	0830 – 1630 Mon - Fri	OPENING HOURS WEEK BEGINNING 21/12/20	0830-1630 21/12/20 -24/12/20
OPENING HOURS WEEK BEGINNING 28/12/20	0830-1630 29/12/20 -31/12/20	OPENING HOURS WEEK BEGINNING 04/01/21	0830-1630 5/1/21 -8/1/21
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Normal referrals with urgent referrals prioritised in the afternoons prior to public holidays/weekends
OUT OF HOURS/ EMERGENCY CONTACT	No service on Public holidays/ Out of hours Helen Imlay 07740937598 Mon/Tues Iona Dawes 07740937591		

SERVICE/ MANAGER	Physiotherapy - North Perthshire Jill Westwood Mobile: 07526343736, Work: 01250 877856 Blairgowrie:01250 877856,Pitlochry :01796 474812		
DESCRIPTION OF SERVICE	Perth & Kinross physiotherapy service helps restore movement and function to as near normal as possible when someone is affected by injury, illness or by developmental or other disability. Physiotherapists use physical approaches to promote, maintain and restore physical, psychological and social well-being taking account of variations of health status.		
NORMAL OPENING HOURS	Monday - Friday 08:30 - 16:30	OPENING HOURS WEEK BEGINNING 21/12/20	21- 24 December: Normal Service
OPENING HOURS WEEK BEGINNING 28/12/20	29-31 Dec normal service	OPENING HOURS WEEK BEGINNING 04/01/21	5 – 8 Jan normal service
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	All referrals are accepted and prioritised as per Priority Banding
OUT OF HOURS/ EMERGENCY CONTACT	No OOH'S cover Jill Westwood 07526 343736, 01250877856		

SERVICE/ MANAGER	Physiotherapy – South Locality Tia Dickson		
DESCRIPTION OF SERVICE	Physiotherapy in-patient and community cover		
NORMAL OPENING HOURS	0830-1630 Monday-Friday	OPENING HOURS WEEK BEGINNING 21/12/20	0830-1630 Mon 21- Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	0830-1630 Tue 29- Thu 31 Dec	OPENING HOURS WEEK BEGINNING 04/01/21	0830-1630 Tue 5 – Fri 8 Jan
NORMAL SERVICE RESUMES	Tue 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	1620 any working day
OUT OF HOURS/ EMERGENCY CONTACT	There is no emergency cover provided for South Locality physio		

SERVICE/ MANAGER	P&K Physiotherapy Mental Health Team Morag Greenwood 01738562381, 07989132342		
DESCRIPTION OF SERVICE	Physiotherapy service covering the whole of Perth & Kinross providing assessment and treatment/rehabilitation to individuals within GAP & POA - Inpatients, Outpatients and Community.		
NORMAL OPENING HOURS	Mon – Wed 8.30-4.30pm Fri 8.30 – 4.30pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon – Wed 8.30 – 4.30pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tues & Wed – 8.30 – 4.30pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tues, Wed & Fri 8.30 – 4.30pm
NORMAL SERVICE RESUMES	Week beginning 11/01/2020	LAST NEW SERVICE REQUEST / AVAILABILITY	Wed 23 & 30 Dec 2.30pm. Urgent/Lincs referrals only.
OUT OF HOURS/ EMERGENCY CONTACT	N/A as no cover Morag Greenwood 01738 562381		

SERVICE/ MANAGER	Community Rehabilitation Occupational Therapy Service (Perth City) Julia Cangulen, Tel: 01738 475217 or 07740937499		
DESCRIPTION OF SERVICE	Occupational Therapy team providing assessment and intervention to patients in the community setting within the agreed Perth city boundaries		
NORMAL OPENING HOURS	0800 - 1700hrs Monday - Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 Dec 0800 - 1700hrs
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 –Thu 31 Dec 0800 - 1700hrs	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 0800 - 1700hrs
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Normal referrals with priority given to urgent Priority 1 cases
OUT OF HOURS/ EMERGENCY CONTACT	Not applicable Ist Contact - Julia Cangulen Mobile : 07740937499 Alternate: Anne Kirkwood Mobile:07803671917		

SERVICE/ MANAGER	Occupational Therapy - Community Hospitals - North Locality Jane Beekie, Occupational Therapy Team Lead, Strathmore Locality - 01250 877859 North Locality - 01796 474809		
DESCRIPTION OF SERVICE	We aim to provide support to people, whose health prevents them doing the activities that matter to them, through rehabilitation and use of adaptive strategies. We also aim to help prevent admission by integrated working with community colleagues.		
NORMAL OPENING HOURS	Monday - Friday 08:30 - 16:30 No weekend cover	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21- Thu 24 Dec: Normal Service
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29- Thu 31 normal service	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal service
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Normal referrals with priority given to more urgent referrals
OUT OF HOURS/ EMERGENCY CONTACT	No on call, out of hours service Jane Beekie - Strathmore Locality 01250 877859, 07976830759		

SERVICE/ MANAGER	Occupational Therapy – South Locality Karen Collins		
DESCRIPTION OF SERVICE	Community OT		
NORMAL OPENING HOURS	08.30am – 4.30pm Monday - Friday	OPENING HOURS WEEK BEGINNING 21/12/20	08.30am – 4.30pm Mon 21-Thur 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec 08.30am – 4.30pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 08.30- 4.30pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	None / NHS 111 / A&E		

SERVICE/ MANAGER	Occupational Therapy - Perth and Kinross Community Mental Health Team (CMHT) Hazel Douglas - 01738 413070		
DESCRIPTION OF SERVICE	Provides a range of OT assessment and interventions to adults with severe and/or enduring mental health problems.		
NORMAL OPENING HOURS	Monday - Friday 09:00 - 17:00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 Dec 0900 - 1700hrs
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 Dec – Thu 31 Jan 0900 - 1700hrs	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 Jan – Fri 8 Jan 0900 - 1700hrs
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals received on all working days noted above.
OUT OF HOURS/EMERGENCY CONTACT	As per Managers on-call rota		

SERVICE/ MANAGER	Podiatry Lee Sievwright - 07909896215		
DESCRIPTION OF SERVICE	Podiatry provides a comprehensive foot health service to people with an identified risk, preventing and correcting foot deformities, relieving pain, treating wounds and infections.		
NORMAL OPENING HOURS	8.30am – 4.30pm Monday - Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec: 8:30am - 4.30pm Friday 25 Dec: Closed
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec: 08:30am- 4.30pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan: 8:30am- 4.30pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	Lee Sievwright - 07909896215 Mark Finnon - 07827322516 Judy Murrie - 07921337344		

SERVICE/ MANAGER	District Nursing – Perth City Julie Dunn: 01738564224, 07740937546		
DESCRIPTION OF SERVICE	Clinical Nursing Care		
NORMAL OPENING HOURS	7 days 0830-1630/1700	OPENING HOURS WEEK BEGINNING 21/12/20	7 days 0830-1630/1700
OPENING HOURS WEEK BEGINNING 28/12/20	7 days 0830-1630/1700	OPENING HOURS WEEK BEGINNING 04/01/21	7 days 0830-1630/1700
NORMAL SERVICE RESUMES	N/A	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	Weekends and Public Holidays- 07740937413 Duty Band 6- 07740937413		

SERVICE/ MANAGER	Community Nursing – North Locality (North West and Strathmore) Evelyn Millar 07900 431640 Angela McGuinness 07869 548474		
DESCRIPTION OF SERVICE	The community nurses provide a range of clinical nursing care to patients in the community who are housebound. They work with the Multi-disciplinary team to support patients in their own homes and prevent unnecessary admissions to hospital. They also provide professional support to family, carers and external agencies.		
NORMAL OPENING HOURS	08:30 - 17:00hrs Monday – Friday Weekend service	OPENING HOURS WEEK BEGINNING 21/12/20	21 – 24 Dec Normal Service 25, 26, 27 Dec– reduced staff
OPENING HOURS WEEK BEGINNING 28/12/20	28 Dec – reduced staff 29 – 31 Dec - Normal Service 1, 2, 3 Jan – reduced staff	OPENING HOURS WEEK BEGINNING 04/01/21	4 Jan– reduced staff
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Based on clinical need and priority bandings
OUT OF HOURS/ EMERGENCY CONTACT	NHS 24 - 111 who will have local numbers Evelyn Millar 07900 431640 Angela McGuinness 07869 548474		

SERVICE/ MANAGER	District Nursing – South Locality Angela McGuinness 07869 548474		
DESCRIPTION OF SERVICE	The community nurses provide a range of clinical nursing care to patients in the community who are predominantly housebound. They also provide professional support to family carers and professional carers.		
NORMAL OPENING HOURS	Mon – Fri 08.30 – 1700 Sat/Sun/PH 08.30 -1700 Reduced service with minimum staff	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec 08.30 – 1700 Fri 25 – Mon 28 Dec 08.30 – 1700 Reduced service with minimum staff
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec 08.30 – 1700 Fri 1 – Mon 4 Jan 08.30 – 1700 Reduced service with minimal staff	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 08.30 – 1700 Sat 9 – Sun 10 Jan 08.30 – 1700 Reduced service with minimum staff
NORMAL SERVICE RESUMES	Tuesday 5 January 2021 08.30 - 1700	LAST NEW SERVICE REQUEST / AVAILABILITY	Thurs 24 Dec @ 1400 Thurs 31Dec @ 1400
OUT OF HOURS/ EMERGENCY CONTACT	NHS 24 – Tel 111 Angela McGuinness 07869 548474		

SERVICE/ MANAGER	District Nursing OOHS Julie Dunn: 01738564224, 07740937546		
DESCRIPTION OF SERVICE	Clinical Nursing Care		
NORMAL OPENING HOURS	7 Days 1700-2200 2200-0800am	OPENING HOURS WEEK BEGINNING 21/12/20	7 Days 1700-2200 2200-0800am
OPENING HOURS WEEK BEGINNING 28/12/20	7 Days 1700-2200 2200-0800am	OPENING HOURS WEEK BEGINNING 04/01/21	7 Days 1700-2200 2200-0800am
NORMAL SERVICE RESUMES	N/A	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	1700-2200- 07824597414 2200pm-0800am-07810057364 Evening coordinator or Duty Band 6 1700-2200- 07824597414 2200pm-0800am-07810057364		

SERVICE/ MANAGER	Anticoagulation Service Julie Dunn 01738564224, 07740937546		
DESCRIPTION OF SERVICE	Clinical Nursing Care/Warfarin management		
NORMAL OPENING HOURS	Mon - Fri 0830-1630	OPENING HOURS WEEK BEGINNING 21/12/20	4 Days- Mon-Thurs 0830-1630
OPENING HOURS WEEK BEGINNING 28/12/20	3 Days- Tue - Thu 0830-1630	OPENING HOURS WEEK BEGINNING 04/01/21	4 Days- Tues-Friday 0830-1630
NORMAL SERVICE RESUMES	Monday 11 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	NHS 24 111		

SERVICE/ MANAGER	Primary Care Mental Health & Wellbeing Nurses Tracey Curran 07920542494 Sally Orange 01250 877852		
DESCRIPTION OF SERVICE	Currently based within community hospitals but supporting GP Practices. Offer one off assessment and triage appointments for wellbeing assessment. Advice, signposting and possible onward referral to other agencies. Only accessible for people who are not currently referred to or being seen by other mental health services e.g. psychology, CMHT.		
NORMAL OPENING HOURS	08:30 - 16:30hrs Monday – Friday Appointments are pre- booked through GP surgeries	OPENING HOURS WEEK BEGINNING 21/12/20	21 – 24 December - Normal Service 25 December – Closed
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec Normal Service	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5– Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Appointments are pre- booked through individual practices.
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Advanced Nurse Practitioner (ANP) Service PKHSCP Careen Mullen-McKay 07814800645		
DESCRIPTION OF SERVICE	ANP Service aims to assess and proactively manage frail adults with complex needs and respond to deteriorating patients with a view to directly supporting General Practice, working alongside the Integrated Care Teams (ICT) within the locality and the Medicine for the Elderly Service (MFE) in Perth Royal Infirmary (PRI)		
NORMAL OPENING HOURS	0830 – 1700 Monday - Friday	OPENING HOURS WEEK BEGINNING 21/12/20	21 December – 24 December 0830 - 1700 25 December – 26 December No Service
OPENING HOURS WEEK BEGINNING 28/12/20	28 December – No service 29 December – 31 December 0830-1700	OPENING HOURS WEEK BEGINNING 04/01/21	4 January 2021 No service 5 January onwards 0830 - 1700
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Locality Integrated Care Service (LIInCS) Perth City: Sally Forlong 07711924383, Lindsey Griffin South: Tia Dixon 07525426915 North: Angela Milne 07919396733		
DESCRIPTION OF SERVICE	The service aims to monitor and manage patients to prevent further deterioration and complications and where possible prevent admission to hospital or care home and facilitate early discharge home from hospital, where it is safe to do so.		
NORMAL OPENING HOURS	Monday to Friday 8.30 am to 4.30 pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec 8.30 am to 4.30 pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 - Thu 31 Dec 8.30 am to 4.30 pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 to Fri 8 Jan 8.30 am to 4.30 pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Pharmacy Department Perth Royal Infirmary Siobheon Reid: Ext 13575 or Bleep 5251 Nicky Nardone: Ext 13585		
DESCRIPTION OF SERVICE	Pharmacy comprises of a clinical, dispensary, stores and distribution service.		
NORMAL OPENING HOURS	Satellite Dispensary: Ext: 12024 Emergency Pharmacy Service Bleep during weekend and public holiday opening hours: 5358	Main Dispensary: Ext : 13579	Pharmacy Store: Ext: 13577
	Mon –Fri- 9am-5pm Weekend emergency service Sat – 10am-2pm* Sun – 10.30am-2pm*	Mon-Fri - 8.30am- 4.30pm	Mon-Fri - 8.30am- 4.30pm
OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec Normal hours Fri 25 Dec 11.30am-1.30pm** Sat 26-Sun 27 Dec Normal weekend emergency service	Mon 21–Thu 24 Dec Normal hours	Mon 21–Thu 24 Dec Normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Mon 28 Dec – 9am-2pm Tue 29 -Thu 31Dec Normal hours Fri 1 Jan – 11.30am-1.30pm**	Tue 29 –Thu 31 Dec – Normal hours	Mon 28 Dec – 9am-2pm Tue 29 –Thu 31 Dec – Normal hours
OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 Jan – 9am-2pm Tue 5-Fri 8 Jan Normal hours Sat 9 - Sun 10 Jan Normal weekend emergency service	Tue 5 - Fri 8 Jan Normal hours	Mon 4 Jan – 9am-2pm Tue 5 - Fri 8 Jan Normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021		
OUT OF HOURS/ EMERGENCY CONTACT	Public Holiday - See opening hours and contact details above. Outwith these hours the NHS Tayside Emergency Pharmacy On call service can be contacted via switchboard. Before contacting the service please refer to the Emergency On call information on the Pharmacy website		

*Satellite open 12.30-1.30pm

**Providing a discharge prescription only service for PRI patients admitted on Christmas Eve. Any other requests will only be dealt with if they meet Pharmacy On call criteria (see website).

SERVICE/ MANAGER	Older Peoples Community Mental Health Service (OPCMHT) – Perth City Bob Dickie 01738 562231		
DESCRIPTION OF SERVICE	Mental health assessment, review and support for older adults (65+) with dementia and/or other mental ill health within the community.		
NORMAL OPENING HOURS	Monday - Friday 08:30 to 17: 00 - daily	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 - Thu 24 Dec - Normal Service
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 28- Thu 31 Dec - Normal Service	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal service
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals received on all working days noted above.
OUT OF HOURS/ EMERGENCY CONTACT	NHS 24 :111 Social Work Access Team - 0345 3011120 21/12/2020 Lindsey Griffin - 01738 562255/07740937607 28/12/2020 & 04/01/21 Sally Forlong 07711924383		

SERVICE/ MANAGER	Older Peoples Community Mental Health Service North (OPCMHT) Amanda Fenwick 01796 474818		
DESCRIPTION OF SERVICE	P&K Psychiatry of Old Age North Perthshire Older People’s Community Mental Health Team (OPCMHT), inclusive of both North West Perthshire and Strathmore teams. They provide a range of services, including assessment, treatment and support for those diagnosed with complex and severe mental health difficulties emotional disorders, psychosis and dementia.		
NORMAL OPENING HOURS	08:30 - 16:30hrs Monday – Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec normal service
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec – normal service	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan Normal service
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	As per priority bandings.
OUT OF HOURS/ EMERGENCY CONTACT	NHS24 for out of hours contact -111 Social Work Access Team - 0345 3011120 Amanda Fenwick 01796 474818 Angela Milne 07919 396733		

SERVICE/ MANAGER	South Perthshire Older peoples Community Mental Health Team & General Adult Psychiatry Team Lead - Isla Syme		
DESCRIPTION OF SERVICE	South Perthshire Community Mental Health Team provides a range of interventions to adults with severe and/or enduring mental health problems.		
NORMAL OPENING HOURS	Monday to Friday, 9.00am to 5.00pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec Normal Service Hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec: Normal Service Hours	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan: Normal service Hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals received on all working days noted above.
OUT OF HOURS/ EMERGENCY CONTACT	NHS24 for out of hours contact: 111 Social Work Access Team 0345 3011120		

SERVICE/ MANAGER	Perth City Community Mental Health Nursing Team Lindsey Griffin CPTM 01738 562255 Liz Fyfe SCN 01738 413070		
DESCRIPTION OF SERVICE	Perth City CMHT provides a range of interventions to adults with severe and/or enduring mental health problems.		
NORMAL OPENING HOURS	Monday to Friday, 9.00am to 5.00pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 Dec, 9.00am to 5.00pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 to Thu 31 Dec, 9.00am to 5.00pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 to Fri 8 Jan, 9.00am to 5.00pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals received on all working days noted above.
OUT OF HOURS/ EMERGENCY CONTACT	As per Manager On-Call Rota. For major incidents only. Week 21/12/20 Lindsey Griffin CPTM 01738 562255 Week 28/12/20 and 4/1/21 Sally Forlong (CPTM) 01738 562448		

SERVICE/ MANAGER	Adult Community Mental Health Team North SCN Sally Orange 01250 877852		
DESCRIPTION OF SERVICE	Perth and Kinross Community Mental Health Service provides a range of clinical interventions to adults aged 16 - 65 who present with severe and/or enduring mental health problems.		
NORMAL OPENING HOURS	08:30 - 16:30hrs Monday – Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec- Normal Service
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29- Thu 31 Dec - Normal Service 1Jan - Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan Normal Service
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals received on all working days noted above.
OUT OF HOURS/ EMERGENCY CONTACT	NHS24 for out of hours contact -111 Angela Milne 07919 396733		

SERVICE/ MANAGER	MoveAhead Pam Lamond, 07740937704. Tay.moveaheadservice@nhs.scot		
DESCRIPTION OF SERVICE	Moveahead is a locally based support service which enables people to access activities and services in the community. It aims to enhance the wellbeing of individuals through participation and engagement in their local community offering 1 to 1 support. Our aim is to enable people to gain enjoyment and confidence via activity promoting long term independence.		
NORMAL OPENING HOURS	Mon – Fri 08:30 – 16:30	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21– Thu 24 Dec 08:30 – 16:30
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 28 – Thu 31 Dec 08:30 – 16:30	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 08:30 – 16:30
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	NHS 24- 111 Pam Lamond 07740937704		

SERVICE/ MANAGER	ECT/Therapeutics Clinic Lindsey Griffin Murray Royal Hospital -Ext 62448/64261		
DESCRIPTION OF SERVICE	ECT and Physical Health Monitoring		
NORMAL OPENING HOURS	MON-FRI 08:30 -17:00	OPENING HOURS WEEK BEGINNING 21/12/20	MON 21 – THU 24 DEC 08:30 – 17:00
OPENING HOURS WEEK BEGINNING 28/12/20	TUE 29 ONLY (ECT) 08:00 -15:00	OPENING HOURS WEEK BEGINNING 04/01/21	TUE 5 – FRI 8 JAN 08:30 – 17:00
NORMAL SERVICE RESUMES	TUE 5 JANUARY 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A ELMA LOW (emergency ECT only) Mobile - 07742390246		

SERVICE/ MANAGER	Perth and Kinross Learning Disability Service SCN Arlene Dawson 01738 562248		
DESCRIPTION OF SERVICE	We aim to provide a specialist health service that will enable and support adults with a learning disability to participate in the activities of everyday life.		
NORMAL OPENING HOURS	LDISS : 8.30 - 4.30 Community Nursing Team: 8.30 - 5.00 Occupational Therapy: 8.30 – 4.30 Physiotherapy: 8.30 – 4.30	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec normal hours	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 Jan – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Each case is triaged as per priority bandings.
OUT OF HOURS/ EMERGENCY CONTACT	N/A Community Learning Disability Nursing Team - Arlene Dawson/ Linda McKerchar 01738 562270 Learning Disability Intensive Support Service - Arlene Dawson/Cheryl Gray 01738 562248 Occupational Therapy/Physiotherapy - Sally Thomas 01738 562261		

SERVICE/ MANAGER	Perth and Kinross NHS Substance Misuse Service Anne Fleming 01738 564261/07972660823		
DESCRIPTION OF SERVICE	NHS treatment service for individuals dependent on alcohol or opiates and wishing to recover from this.		
NORMAL OPENING HOURS	09.00 – 17.00	OPENING HOURS WEEK BEGINNING 21/12/20	09.00 – 15.00 Mon 21 Dec – Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	09.00 – 15.00 Tue 29 Dec – Thu 31 Dec	OPENING HOURS WEEK BEGINNING 04/01/21	09.00 – 17.00 Tue 5 Jan – Fri 8 Jan
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	NHS 111 Anne Fleming 07972660823		

SERVICE/ MANAGER	Community Care and Treatment Service – Perth City Julie Dunn 01738564224, 07740937546		
DESCRIPTION OF SERVICE	Clinical Nursing Care/ Wound Clinics and Phlebotomy Services		
NORMAL OPENING HOURS	Mon -Fri 0830-1800	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21-Thu 24 Dec 0830-1800
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 –Thu 31 Dec 0830-1800	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 0830-1800
NORMAL SERVICE RESUMES	Monday 11 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	NHS24 111		

SERVICE/ MANAGER	Community Care and Treatment Service (CCATS) - North Mollie Patton 01796 474052		
DESCRIPTION OF SERVICE	Outpatient service for delivery of planned care such as phlebotomy and wound care. CCTAS hubs in both Pitlochry Community Hospital and Blairgowrie Community Hospital with inreach with some GP Practices		
NORMAL OPENING HOURS	Monday to Friday 8:30am to 4:30pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 December	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 Jan – Fri 8 Jan
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	As per appointment availability and triage
OUT OF HOURS/ EMERGENCY CONTACT	NHS24 -111 Joanne Scott PCH – 01796 474853 Mary Smith BCH – 01250 877845		

SERVICE/ MANAGER	Community Care and Treatment Service (CCATS) – South Locality Sharon Sime		
DESCRIPTION OF SERVICE	Clinical Nursing Care/ Wound Clinics and Phlebotomy Services		
NORMAL OPENING HOURS	Mon-Fri 0830-1630 Auchterarder – Mon, Wed (1330-1600) & Fri Crieff – Mon & Thu BoE – Tues & Thu Kinross – Tue, Wed & Fri	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Fri 24 Dec normal clinics
OPENING HOURS WEEK BEGINNING 28/12/20	Mon 28 – Thu 31 Dec normal clinics	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal clinics
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	As required on 07813544418
OUT OF HOURS/ EMERGENCY CONTACT	A&E or NHS 111		

SERVICE/ MANAGER	Social Work Perth City Kenny Ogilvy 0345 3011120		
DESCRIPTION OF SERVICE	We provide a professional social care service to individuals, families and carers within current legislation and practice, policies and procedures of Perth and Kinross Health and Social Care Partnership. All our workers have assessment, care management and reviewing responsibility for all adults who come under the Perth City Locality.		
NORMAL OPENING HOURS	Mon – Fri 08.45 – 17.00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec minimal service for urgent referrals	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Thu 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	24 December 17:00hrs. Thereafter Out of Hours Service will respond to urgent referrals.
OUT OF HOURS/ EMERGENCY CONTACT	After 5pm 0345 3011120 Perth City North - Laura Carse – 01738 476811, 07798581940 Perth City South - Melisa Meikle – 01738 475671, 07854604222		

SERVICE/ MANAGER	Social Work – North Locality (Highland, Strathmore and Carse) Karyn Sharp 07500 607608		
DESCRIPTION OF SERVICE	We provide a professional social care service to individuals, families and carers within current legislation and practice, policies and procedures of Perth and Kinross Health and Social Care Partnership.		
NORMAL OPENING HOURS	Monday – Friday 08.45 – 17.00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec 08.45 – 17.00
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 Dec 08.45 – 17.00	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 08.45 – 17.00
NORMAL SERVICE RESUMES	Tuesday 5 Jan 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Wednesday 23 Dec 2020
OUT OF HOURS/ EMERGENCY CONTACT	0345 30 111 20		

SERVICE/ MANAGER	Mental Health Officer Team (MHO) Iain Wilkie 07786074501		
DESCRIPTION OF SERVICE	Delivery of a statutory MHO service in line with Incapacity legislation		
NORMAL OPENING HOURS	24 hours/ 7 day per week (reduced service 5pm – 9am and weekends/public holidays)	OPENING HOURS WEEK BEGINNING 21/12/20	24 hours/ 7 day per week (reduced service 5pm – 9am and weekends/public holidays)
OPENING HOURS WEEK BEGINNING 28/12/20	24 hours/ 7 day per week (reduced service 5pm – 9am and weekends/public holidays)	OPENING HOURS WEEK BEGINNING 04/01/21	24 hours/ 7 day per week (reduced service 5pm – 9am and weekends/public holidays)
NORMAL SERVICE RESUMES	N/A	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	03453011120 Iain Wilkie 07786074501		

SERVICE/ MANAGER	Early Intervention & Prevention Service – Access Team Alison Fairlie 07538 975945		
DESCRIPTION OF SERVICE	<p>Provide support to adults over the age of 16 who may require support to live independent and fulfilling lives in their community. This includes older people, young people going through transitions, people with mental health issues, people who have drug and alcohol dependency, and people with learning disabilities, or a combination of these.</p> <p>Social Workers, Occupational Therapists, and Community Care Assistants provide a Duty service available to Adults, Carers, members of the public, and professionals, who may wish to seek advice and information, share a concern about welfare or safety of a vulnerable person, or seek a social work assessment or service. The Team is set up to respond quickly in a crisis situation, for instance to help prevent an admission to care, and also works with people whose need is less urgent but who may benefit from early intervention to help maintain their independence and quality of life - and prevent deterioration.</p>		
NORMAL OPENING HOURS	Mon- Fri 08:45 - 17:00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Wed 30 Dec Minimal service for urgent referrals.	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	24 December 17:00hrs. - Then Out of Hours for urgent referrals.
OUT OF HOURS/ EMERGENCY CONTACT	After 5pm 0345 30 111 20 Perth City & South Locality - Pamela Ritchie: 07917184363 (30 December) North Locality - Fiona Cole: 07557 330863 (31December)		

SERVICE/ MANAGER	Long Term, Complex Team - South Locality Crieff – Val Riddell 07748 623356 Kinross – Kirsty Hynd 07771 527313		
DESCRIPTION OF SERVICE	Provide support for older people, older people with dementia, adults with mental health problems, with learning difficulties, with disabilities and adults who misuse drugs. Helping people wherever possible to live independently and healthily in their own homes, using a wide range of community support. People with acute long-term needs are provided with a key worker to support them and provide them with access to a range of community services.		
NORMAL OPENING HOURS	Mon – Fri 08:45 – 17:00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 December normal opening hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Thu 31 December normal opening hours - Christmas rota cover	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 January – normal opening hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals will be accepted until 24 December
OUT OF HOURS/ EMERGENCY CONTACT	OOHs cover during closure period and after 5pm 0345 30 111 20 29 December - Kirsty Hynd 07771 527313 30 December - Steph Keen 07770464145 31 December - Val Riddell 07748 623356		

SERVICE/ MANAGER	Wellbeing Support Team (North and South Localities) Bridget Barker 07884235519		
DESCRIPTION OF SERVICE	The Wellbeing Support Team offers recovery focussed support to adults aged 16+, who have low/moderate mental health needs and live in North and South Perthshire.		
NORMAL OPENING HOURS	Mon-Fri 8.45am to 5pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29-Wed 30 Dec normal hours, but reduced capacity	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Thursday 24 December
OUT OF HOURS/ EMERGENCY CONTACT	0345 30 111 20 Bridget Barker 07884235519		

SERVICE/ MANAGER	Home Assessment Recovery Team (HART) & HART+ Shona MacLean 07717824694		
DESCRIPTION OF SERVICE	<p>HART The Home Assessment Recovery Team provide a social care service in the person's home to enable people to stay at home or return home from hospital. Referrals can be made to the Access Team or Hospital Discharge Team.</p> <p>HART+ Prevention of Admission to Hospital or Care Home - Social Care Officers provide a flexible care service in a crisis situation in the person's home for up to 72 hours (until a mainstream service can be put in place), as a direct alternative to hospital or care home admission. Supported by OT, Physio and DN.</p>		
NORMAL OPENING HOURS	<p>HART 7 days 08:45 – 17:00</p> <p>HART+ 24 Hours</p>	<p>OPENING HOURS WEEK BEGINNING 21/12/20</p>	<p>HART Mon 21 – Thu 24 normal hours Fri 25 – Sat 26 Dec 07:00 - 14:00</p> <p>HART+ normal hours</p>
OPENING HOURS WEEK BEGINNING 28/12/20	<p>HART Mon 28 Dec 07:00 – 14:00 Tue 29 –Thu 31 Dec normal hours Fri 1 - Sun 3 Jan 07:00 - 14:00</p> <p>HART+ normal hours</p>	<p>OPENING HOURS WEEK BEGINNING 04/01/21</p>	<p>HART & HART+ Normal hours</p>
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	<p>0345 30 111 20</p> <p>HART Jenny Hughes / Nairn Petrie 07771527351 HART+ Zuzana Blunt, Jenny Hughes, Nairn Petrie 07771527351</p>		

SERVICE/ MANAGER	Joint Equipment Loan Service Michael Law 01738 475757		
DESCRIPTION OF SERVICE	Priority driven Equipment Distribution Service for Occupational Therapy, Community Nursing, Physiotherapy, Sensory Services and Children Services related equipment.		
NORMAL OPENING HOURS	08:45-17:00 Monday - Friday	OPENING HOURS WEEK BEGINNING 21/12/20	21-24 Dec: 08:45-17:00
OPENING HOURS WEEK BEGINNING 28/12/20	29 - 31 Dec: 08:45-17:00	OPENING HOURS WEEK BEGINNING 04/01/21	5 – 8 Jan: 08:45 – 17:00
NORMAL SERVICE RESUMES	Tuesday 5 Jan 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Priority 1 requests within 48hrs over the festive period. Please notify by Tue 22 Dec to plan for pre- Christmas hospital discharges.
OUT OF HOURS/ EMERGENCY CONTACT	Michael Law 07824529557		

SERVICE/ MANAGER	Community Alarms/Telecare Team Susan McInally 01738 459600, 07467732966		
DESCRIPTION OF SERVICE	A 24-hour response service to help people live independently in their own home. Ensuring they receive help quickly when necessary.		
NORMAL OPENING HOURS	24 hours 7 days per week	OPENING HOURS WEEK BEGINNING 21/12/20	24 hours 7 days per week
OPENING HOURS WEEK BEGINNING 28/12/20	24 hours 7 days per week	OPENING HOURS WEEK BEGINNING 04/01/21	24 hours 7 days per week
NORMAL SERVICE RESUMES	24 hours 7 days per week	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals will be received as normal up until 5 pm Except public holidays - contact the Out Of Hours Social Work Team
OUT OF HOURS/ EMERGENCY CONTACT	01738 476290/ Adult care services - 0345 301 11 20 Team : 01738 459600 Susan McInally: 07467 732966		

SERVICE/ MANAGER	Parkdale Care Home Colleen McInnes 01764 661366		
DESCRIPTION OF SERVICE	Parkdale is a residential unit which provides permanent and respite supported accommodation for those individuals who, for reasons of age or disability, are no longer able to live fully independent lives within the community.		
NORMAL OPENING HOURS	24 hours, 7 days per week	OPENING HOURS WEEK BEGINNING 21/12/20	24 hours – 7 days per week
OPENING HOURS WEEK BEGINNING 28/12/20	24 hours – 7 days per week	OPENING HOURS WEEK BEGINNING 04/01/21	24 hours – 7 days per week
NORMAL SERVICE RESUMES	Not applicable	LAST NEW SERVICE REQUEST / AVAILABILITY	Not applicable
OUT OF HOURS/ EMERGENCY CONTACT	Duty Senior – 01764 661366 Colleen McInnes 07845144141		

SERVICE/ MANAGER	Dalweem Care Home Shona Shaw 01887 822488		
DESCRIPTION OF SERVICE	Dalweem is a purpose-built residential unit which provide permanent and respite supported accommodation for those individuals who, for reasons of age or disability, are no longer able to live fully independent lives within the community.		
NORMAL OPENING HOURS	24 hours, 7 days per week	OPENING HOURS WEEK BEGINNING 21/12/20	24 hours – 7 days per week
OPENING HOURS WEEK BEGINNING 28/12/20	24 hours – 7 days per week	OPENING HOURS WEEK BEGINNING 04/01/21	24 hours – 7 days per week
NORMAL SERVICE RESUMES	Not applicable	LAST NEW SERVICE REQUEST / AVAILABILITY	Not applicable
OUT OF HOURS/ EMERGENCY CONTACT	Duty Senior – 01887 822488 Shona Shaw 01887 822488		

SERVICE/ MANAGER	New Rannoch Centre Shona Thomson: 07833 239571		
DESCRIPTION OF SERVICE	Traditionally we are a building-based Day Service for Older People operating Monday to Friday. We are however currently providing outreach to the Service Users of the above due to Covid 19 – Monday to Friday.		
NORMAL OPENING HOURS	Monday – Friday 8.30am – 5.00pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec 8.30am – 5.00pm Thu 24 Dec- 8.30am – 4.00pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 - Wed 30 Dec 8.30am – 4.00pm	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan 8.30am – 5.00pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Week of 14 December
OUT OF HOURS/ EMERGENCY CONTACT	Shona Thomson: 07833 239571		

SERVICE/ MANAGER	Blairgowrie Day Opportunities Mark Stratton / Celina Bell 01250 871919		
DESCRIPTION OF SERVICE	Blairgowrie Day Opportunities provide support to individuals with Learning Disabilities. We assist adults to realise their potential through various learning opportunities which are provided through educational, sporting, creative, social, leisure and employment. Currently providing outreach services due to restrictions.		
NORMAL OPENING HOURS	09:00 - 16:00 Monday to Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 December 09:00 - 16:00
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 and Wed 30 December 09:00 - 16:00	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 4 to Fri 8 December 09:00 - 16:00
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	Mark Stratton 07984567686, 01250 871919 Celina Bell 07585991343, 01250 871919		

SERVICE/ MANAGER	Strathmore Day Opportunities Mark Stratton / Celina Bell 01250 871919		
DESCRIPTION OF SERVICE	Strathmore Day Opportunities provides a day service for older people, including those with dementia. We support individuals to lead more active and interesting lives in their community. Currently providing outreach services due to restrictions.		
NORMAL OPENING HOURS	09:00 - 16:00 Monday to Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 December 09:00 - 16:00
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 and Wed 30 December 09:00 - 16:00	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 4 to Fri 8 December 09:00 - 16:00
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	Mark Stratton 07984567686, 01250 871919 Celina Bell 07585991343, 01250 871919		

SERVICE/ MANAGER	Gleneagles Day Opportunities Liz Johnstone Work 07867341008 Jemma Reid Work:07900156571		
DESCRIPTION OF SERVICE	Gleneagles Day Opportunities service is for adults with Profound Learning disabilities, complex needs and challenging behaviours.		
NORMAL OPENING HOURS	08.45am – 4pm Monday – Thursday Friday 08.45am – 3.45pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 Jan – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Due to Covid19 we are not in a position to take new service users
OUT OF HOURS/ EMERGENCY CONTACT	Liz Johnstone Work 07867341008 Jemma Reid Work:07900156571		

SERVICE/ MANAGER	Kinnoull Community Day Opportunities Liz Johnstone Work 07867341008 Jemma Reid Work:07900156571		
DESCRIPTION OF SERVICE	Kinnoull Day Opportunities is a service for adults with learning disabilities and is community based		
NORMAL OPENING HOURS	08.45am – 4pm Monday – Thursday Friday 08.45am – 3.45pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 Jan – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Due to Covid19 we are not in a position to take new service users
OUT OF HOURS/ EMERGENCY CONTACT	Liz Johnstone Work 07867341008 Jemma Reid Work:07900156571		

SERVICE/ MANAGER	Supported Living Team Duty Manager 01738 477637 Shona Thomson 07833 239571		
DESCRIPTION OF SERVICE	24 Hrs housing support service for adults with learning disabilities living in their own tenancies within the community		
NORMAL OPENING HOURS	24 Hrs – business as usual	OPENING HOURS WEEK BEGINNING 21/12/20	24 Hrs – business as usual
OPENING HOURS WEEK BEGINNING 28/12/20	24 Hrs – business as usual	OPENING HOURS WEEK BEGINNING 04/01/21	24 Hrs – business as usual
NORMAL SERVICE RESUMES	24 Hrs – business as usual	LAST NEW SERVICE REQUEST / AVAILABILITY	24 Hrs – business as usual
OUT OF HOURS/ EMERGENCY CONTACT	Shona Thomson 07833 239571		

SERVICE/ MANAGER	Employment support Team Main Number 01738 477638 Shona Thomson 07833 239571		
DESCRIPTION OF SERVICE	The Employment Support Team offers employability-related support to people facing additional challenges, to prepare for, find and maintain employment.		
NORMAL OPENING HOURS	Monday to Friday 8am – 5pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21- Thu 23 December normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 January normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals will be taken however will be placed on waiting list
OUT OF HOURS/ EMERGENCY CONTACT	Shona Thomson 07833 239571		

SERVICE/ MANAGER	Blairgowrie Freedom Coach Association Charles Bisset 07746567528		
DESCRIPTION OF SERVICE	Transport for elderly and/or disabled in or around Blairgowrie		
NORMAL OPENING HOURS	Monday – Friday 9.00AM—5.00PM	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21- Thu 24 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	No Service	OPENING HOURS WEEK BEGINNING 04/01/21	Normal Hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Thursday 24 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	Charles Bisset 07746567528		

SERVICE/ MANAGER	Churches Action for the Homeless Graham Taylor 01738 580188		
DESCRIPTION OF SERVICE	Third Sector Charity supporting people to alleviate housing issues and homelessness within Perth and Kinross.		
NORMAL OPENING HOURS	Day Centre Monday 9:30-5pm Tuesday 9:30-5pm Wednesday 9:30 – 8pm Thursday 9:30 – 8pm Friday 9:30am – 4:30pm Saturday 9:30am – 2pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec normal hours Thu 24 9:30-2pm Fri 25 Dec 12:00-3pm (Christmas lunch)
OPENING HOURS WEEK BEGINNING 28/12/20	Mon 28 – Wed 30 Dec normal hours Thu 31 Dec 9:30 – 2pm Fri 1 Jan 9:30 – 2pm	OPENING HOURS WEEK BEGINNING 04/01/21	Normal opening hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	No last date. Referrals accepted throughout
OUT OF HOURS/ EMERGENCY CONTACT	Tayview 24 hours a day – 01738 479606		

SERVICE/ MANAGER	CrossReach Oasis Bankfoot and Tryst Lorna Smith 07771345244, Lorna.smith@crossreach.org.uk		
DESCRIPTION OF SERVICE	Older Adult Day Care		
NORMAL OPENING HOURS	8.30-5pm Tuesday, Wednesday, Thursday	OPENING HOURS WEEK BEGINNING 21/12/20	Normal
OPENING HOURS WEEK BEGINNING 28/12/20	No service	OPENING HOURS WEEK BEGINNING 04/01/21	Normal
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	n/a
OUT OF HOURS/ EMERGENCY CONTACT	Lorna Smith 07771345244		

SERVICE/ MANAGER	Crossroads Gill Renton 01738 639460		
DESCRIPTION OF SERVICE	Respite for carers		
NORMAL OPENING HOURS	8.00 – 16.00	OPENING HOURS WEEK BEGINNING 21/12/20	Normal hours except 25/26, when we have on call for emergencies
OPENING HOURS WEEK BEGINNING 28/12/20	Normal Hours except 1/2 Jan	OPENING HOURS WEEK BEGINNING 04/01/21	Normal Hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Tuesday 15 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	On call 07730647282		

SERVICE/ MANAGER	Independent Advocacy Perth & Kinross Clare Gallagher 01738 587887, claregallagher@iapk.org.uk		
DESCRIPTION OF SERVICE	<p>Provision of independent advocacy to:</p> <p><u>Adults:</u> Mental Health issues, Learning disability, Personality disorder, Autism, Unpaid carers, Subject to Adults with Incapacity process, Subject to Adult Support & Protection process, Prisoners in HMP Perth, Prisoners in HMP Castle Huntly</p> <p><u>Children & Young People:</u> Mental health issues, Who are 'Looked after' at home, Subject to Children's Hearing system</p>		
NORMAL OPENING HOURS	Monday to Friday - 9am to 5pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 to Thu 24 Dec - 9am to 5pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 to Thu 30 Dec 9am to 5pm Friday - closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 to Fri 8 Jan – 9am to 5pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Referrals will be taken throughout the festive period
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Kinross Centre Nan Cook 01577863869, kindaycent@tiscali.co.uk		
DESCRIPTION OF SERVICE	We are a centre for the elderly, providing a three course home cooked meal, activities & support Monday-Friday. We also provide support to access other services.		
NORMAL OPENING HOURS	8.30 - 4pm Monday – Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 & Wed 30 Dec Normal hours	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Will accept requests at all times
OUT OF HOURS/ EMERGENCY CONTACT	07817739239		

SERVICE/ MANAGER	Kinross-shire Volunteer Group and Rural Outreach Scheme Ella Ward 01577 840196, secretary@kvgandros.org.uk		
DESCRIPTION OF SERVICE	We provide volunteer drivers to take people to medical appointments		
NORMAL OPENING HOURS	Office is open 9.00 – 11.00 Mon-Friday. Answerphone is on outwith these times	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec 9.00 – 11.00
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Open normal times
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Wednesday 23 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	01577 840 196 answer phone will be on.		

SERVICE/ MANAGER	Mindsight Limited Jillian Milne		
DESCRIPTION OF SERVICE	Mental health support – through counselling, peer support and a learning approach delivered through our recovery college		
NORMAL OPENING HOURS	Mon – Fri 09.00 – 5.00pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec 9:00 – 5.00pm Thu 24 Dec 9.00 – 3.00pm
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tue 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Number 3 One Stop Shop Jill Murdoch/Julie Ramsay 01738449327/07741264811		
DESCRIPTION OF SERVICE	Number 3 is a service for adults (16 and over) with a diagnosis of an Autism Spectrum Condition (ASC) who live in the Perth and Kinross region. The service is provided by Autism Initiatives Scotland. The One-Stop Shop provides social groups and activities, scheduled drop in times and 1-1 advice and support on a range of issues. www.perthoss.org.uk		
NORMAL OPENING HOURS	Monday – Friday – Varied hours please check website	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Mon 28 – Thu 31 Dec normal hours	OPENING HOURS WEEK BEGINNING 04/01/21	Normal hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Perth Six Circle Project Marlow Clark 01738 445384		
DESCRIPTION OF SERVICE	Support disadvantaged adults who face multiple barriers improve the quality of their lives through: gaining skills and knowledge; accessing a range of external services; living healthier, more independent lives and ultimately reintegrating into their local community. Every day - 24 hr on call crises prevention and intervention access for all service users. During COVID – Home Visits, Walk & Talk, Walk, Talk & Exercise, Practical Support, Crisis Intervention. We aim to support our service users in any way we can to ensure their mental health and wellbeing remains stable and positive.		
NORMAL OPENING HOURS	Tuesday / Wednesday / Thursday 8.30am -3.30pm **24/7 on call crisis prevention and intervention	OPENING HOURS WEEK BEGINNING 21/12/20	Normal Hours**
OPENING HOURS WEEK BEGINNING 28/12/20	Wed 30 Dec 8.30-3.30pm**	OPENING HOURS WEEK BEGINNING 04/01/21	Normal Hours** Sat 9 Jan 10-2pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Week Commencing 7 December – subject to change
OUT OF HOURS/ EMERGENCY CONTACT	Marlow Clark 07989808312		

SERVICE/ MANAGER	The Walled Garden and Wisecraft (PKAVS Mental Health and Wellbeing Hub) Sarah Oelmez & Laura Harris 01738 631777, 01250 874777		
DESCRIPTION OF SERVICE	An activity based mental health and wellbeing service based in Perth and Blairgowrie for adults and young adults (16+). Using meaningful and therapeutic activities working with people on their journey of recovery, aiming to increase confidence, reduce isolation and inbuilding structure to daily routine – to help improve overall wellbeing.		
NORMAL OPENING HOURS	The Walled Garden Mon – Fri 9am - 4pm Wisecraft Mon – Thu 9am – 4pm	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec 9am-4pm
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Closed
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	PKAVS Carers Centre Raymond Jamieson: 01738 567076, Raymond.jamieson@pkavs.org.uk		
DESCRIPTION OF SERVICE	Providing information and support to unpaid carers of all ages living in Perth & Kinross		
NORMAL OPENING HOURS	Monday – Friday 9am to 5pm	OPENING HOURS WEEK BEGINNING 21/12/20	Monday 21 – Wed 23 normal hours Thu 24 Dec – 9am to 12 noon
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 Thu 31 Dec – 9am to 5pm	OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Ongoing
OUT OF HOURS/ EMERGENCY CONTACT	01738 567076 Raymond Jamieson 01738 567076		

SERVICE/ MANAGER	PKAVS Minority Communities Hub Jenni Keenan: Jenni.Keenan@pkavs.org.uk		
DESCRIPTION OF SERVICE	We believe that people of all backgrounds and their communities should have opportunities to flourish and to contribute to a fairer, more equal Perth & Kinross. We offer a variety of support and signposting to minority ethnic community members, including housing, income, health, employability and the EU Settlement Scheme.		
NORMAL OPENING HOURS	Monday-Friday, 9am-5pm. Helpline open 10am-4pm each day.	OPENING HOURS WEEK BEGINNING 21/12/20	Closed.
OPENING HOURS WEEK BEGINNING 28/12/20	Closed.	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	We will be accepting urgent cases only from 14/12/20.
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	PKAVS Partnership & Engagement (Third Sector Interface) Lori Hughes: Lori.Hughes@pkavs.org.uk		
DESCRIPTION OF SERVICE	We support, develop and represent community groups, voluntary organisations, social enterprise and volunteering in Perth & Kinross.		
NORMAL OPENING HOURS	Monday-Friday, 9am-5pm.	OPENING HOURS WEEK BEGINNING 21/12/20	Closed.
OPENING HOURS WEEK BEGINNING 28/12/20	Closed.	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Wednesday 16 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	PKAVS Tampon Taxi Jenni Keenan: Jenni.Keenan@pkavs.org.uk		
DESCRIPTION OF SERVICE	We deliver period products to women and girls in Perth and Kinross.		
NORMAL OPENING HOURS	Monday-Friday, 9am-5pm.	OPENING HOURS WEEK BEGINNING 21/12/20	Closed.
OPENING HOURS WEEK BEGINNING 28/12/20	Closed.	OPENING HOURS WEEK BEGINNING 04/01/21	Wed 6 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Wed 6 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Monday 14 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	PLUS Prevention Support Susan Scott: 01738 626242		
DESCRIPTION OF SERVICE	Provide prevention support to people with mental health issues.		
NORMAL OPENING HOURS	9 – 4.30 Monday to Friday	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21- Thu 24 9am – 4.30pm
OPENING HOURS WEEK BEGINNING 28/12/20	Tue 29 – Wed 30 Dec 9am – 4.30pm (Funding runs out on 30 Dec)	OPENING HOURS WEEK BEGINNING 04/01/21	(Funding runs out on 30 Dec)
NORMAL SERVICE RESUMES	(Funding runs out on 30 Dec)	LAST NEW SERVICE REQUEST / AVAILABILITY	30 Dec unless any further funding is secured
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	PUSH (Perth & Kinross) Ltd Holly McAskill: PUSH Reuse Shop		
DESCRIPTION OF SERVICE	iWork employability programme / independent living group work		
NORMAL OPENING HOURS	Monday – Saturday 10.00 – 16.00	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Wed 23 Dec normal hours
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 – Fri 8 Jan normal hours
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Royal Voluntary Service Geoff Bird: 01738 633975, 07834482364		
DESCRIPTION OF SERVICE	Supporting Your Recovery (Home from Hospital) Supporting You At Home (including Medical Transport)		
NORMAL OPENING HOURS	Mon - Fri 0900 - 1700	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21 – Thu 24 Dec 0900-1630
OPENING HOURS WEEK BEGINNING 28/12/20	Mon 29- Thu 31Dec - 0900-1630	OPENING HOURS WEEK BEGINNING 04/01/21	Mon 4 – Fri 8 Jan 0900 - 1700
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	No OOH's Home from Hospital 07771867490 All other services 01738633975		

SERVICE/ MANAGER	SiMS Carers Support Project Tel: 01738 580899 Website: https://www.supportinmindscotland.org.uk		
DESCRIPTION OF SERVICE	Offers support to those supporting people with Mental Health needs.		
NORMAL OPENING HOURS	Mon-Fri	OPENING HOURS WEEK BEGINNING 21/12/20	21 – 23 December
OPENING HOURS WEEK BEGINNING 28/12/20	Closed	OPENING HOURS WEEK BEGINNING 04/01/21	As normal
NORMAL SERVICE RESUMES	Monday 4 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	N/A
OUT OF HOURS/ EMERGENCY CONTACT	N/A		

SERVICE/ MANAGER	Stanley Development Trust Care and Wellbeing project Laura Baird: 07712219261, laura@stanleydevelopmenttrust.org		
DESCRIPTION OF SERVICE	We run a time bank, a volunteer befriending service, and a lunch club for residents of Stanley and surrounding rural area only.		
NORMAL OPENING HOURS	Tuesday 9am – 5pm Wednesday 9am – 5pm Thursday 9am – 1pm	OPENING HOURS WEEK BEGINNING 21/12/20	closed
OPENING HOURS WEEK BEGINNING 28/12/20	closed	OPENING HOURS WEEK BEGINNING 04/01/21	Tuesday 9am – 5pm Wednesday 9am – 5pm Thursday 9am – 1pm
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Monday 14 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	Laura Baird 07712219261		

SERVICE/ MANAGER	VisionPK Sensory Services Gwenn McCreath 01738626969		
DESCRIPTION OF SERVICE	Information, guidance and support for people with sensory impairments		
NORMAL OPENING HOURS	9.00-4.00 Mon-Thurs	OPENING HOURS WEEK BEGINNING 21/12/20	Mon 21-Wed 23 Dec 9.00-4.00 Thu 24 Dec: 9-1.00
OPENING HOURS WEEK BEGINNING 28/12/20	Closed all week	OPENING HOURS WEEK BEGINNING 04/01/21	Tue 5 – Thu 7 Jan normal hours
NORMAL SERVICE RESUMES	Tuesday 5 January 2021	LAST NEW SERVICE REQUEST / AVAILABILITY	Thursday 24 December 2020
OUT OF HOURS/ EMERGENCY CONTACT	No OOH's Gwenn McCreath Mobile 07720867834		